



## Feel Better with HMSA's Behavioral Health Program

If you have a behavioral health condition, barriers to seeking therapy can get in the way of feeling better. Your HMSA plan may be able to help with conditions like depression, anxiety, alcohol and substance use, post-traumatic stress disorder, eating disorders, and more.

Magellan Hawai'i consists of Hawaii state-licensed behavioral health clinicians and support staff on Oahu and the Neighbor Islands. Magellan Hawaii will work with HMSA's Model of Care and Health Coordination to ensure you have the support you need.

### How the program works

We've partnered with Magellan Hawai'i to offer eligible members services such as:

- Help choosing a behavioral health provider.
- Referrals to behavioral health resources and services.
- Condition-specific education for members and support resources for their loved ones.
- Referrals to an HMSA Case Manager.

To find out if you're eligible to participate in the program, check your *Guide to Benefits* or call us at the number on the back of your HMSA membership card.

To arrange for an appointment with a behavioral health provider, call Magellan Hawai'i at (808) 695-7700 or 1 (855) 856-0578 or HMSA's Health Coordination Services at (808) 948-6997 or 1 (844) 223-9856.

If you're having an emergency and are in immediate danger of harming yourself or others, call 911 or go to the nearest hospital.

Magellan Healthcare, Inc., doing business as Magellan Hawai'i, reviews mental health and/or substance use disorder treatment for HMSA members.



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